



FOR IMMEDIATE RELEASE – May 4, 2015

A Week in the Great Outdoors?! Yes Please. GRCA Nature Nuts Camp Aims at Getting Your Children Outside.

PORT HOPE/CAMPBELLCROFT - What would you do if you were lost in the forest? Do you know what a leopard frog sounds like? Have you ever heard of an egg bomb? Did you know that the spine-tailed swift is the fastest flying bird? Learn about this and much, much more at the Ganaraska Region Conservation Authority's (GRCA) Nature Nuts Summer Camp!

Spend an entire week learning, exploring and most importantly, having fun! Nature Nuts Camp offers seven weeks of outdoor adventures with different themed camps from 'Enraptured by Raptors' to 'Surviving the Elements' – or have all weeks wrapped up into one at our new Great Outdoors Adventure Camp!

This new camp week is for the older campers, aged 9 – 14, who love being outside. The week starts off with a day of orientation involving ice-breaker activities and team-building games, allowing the campers to get to know each other. Then, set off for a four-day overnight adventure at the Ganaraska Forest Centre where campers will sleep, eat and play, while under the supervision of the Forest Centre's certified teaching staff. Amongst other things, campers will mountain bike, learn outdoor survival skills, and go Treetop Trekking throughout the days, while their nights are spent involved in entertaining programming and fun-themed campfires. This is the ultimate outdoor lovers' overnight camp! The Ganaraska Region Conservation Authority would like to thank the Rotary Club of Cobourg for generously providing the seed money for the camping supplies for this new program.

Want to know more? Just ask! The Ganaraska Region Conservation Authority is open Monday through Friday 8:30 – 4:30, or call one of the Ganaraska Forest Centre Outdoor Education Instructors directly at 905.797.2721. Register for The Great Outdoors Adventure Camp by May 15th and be eligible for the early-bird rate! Camp descriptions, registration forms and all other important information can be found at www.grca.on.ca and www.ganaraskaforestcentre.ca – just look for the Nature Nuts squirrel.

